



Wayne State University School of Social Work & College of Nursing

presents

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Format Recorded Asynchronous Webinar — 3 Modules	Course Fee FREE — 2 CE Credits upon completion
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2.0 CE Credits · General |

ABOUT SBIRT

SBIRT — Screening, Brief Intervention, and Referral to Treatment is an evidence-based, public health approach to identifying and addressing substance use disorders early. It is designed for use in primary care centers, hospital emergency rooms, trauma centers, and community settings that are often a person's first, and sometimes only, contact with the health care system. Wayne State University was the first university in Michigan to receive a SAMHSA grant to train students in SBIRT. The WSU SBIRT team, College of Nursing, and School of Social Work developed this free online course to train health professionals, faculty, and students to become SBIRT service providers, increase access to care, reduce behavioral health disparities, and promote SBIRT use in medically underserved communities across Michigan.

LEARNING OBJECTIVES

After completing this course, participants will be able to...

- Describe the foundational principles of SBIRT and its application as a public health approach to substance use
 - Identify patients at risk for or experiencing substance use disorders using validated screening instruments
 - Conduct a brief intervention using motivational interviewing techniques to support patient behavior change
 - Determine appropriate levels of care and make effective referrals to substance use treatment services
 - Apply SBIRT in diverse health care settings, including primary care, emergency rooms, and community-based programs
 - Recognize behavioral health disparities and apply SBIRT to reduce barriers in medically underserved communities
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HOW TO COMPLETE THIS COURSE

Follow these four steps to complete SBIRT and earn your CE credit.

1. Click the "Watch the video" link under each of the three modules below and view all three in order.
2. Click "Take the Post-Test" in the Course Completion section and answer all questions.
3. Click "Complete the Evaluation" and share your feedback on the course.
4. Watch your email for your CE certificate, which arrives within 1 to 2 business days.

COURSE STRUCTURE

This self-paced asynchronous course is divided into three stand-alone modules. Complete all three to earn your 2.0 CE credits.

Module 1

Screening

Learn how to identify patients who are experiencing harmful patterns of alcohol and other drug use using validated screening tools including the AUDIT, DAST, and CRAFFT.

► [Watch the video](#)

Module 2

Brief Intervention

Develop skills to deliver motivational, brief counseling sessions that raise patient awareness of substance use risks and support behavior change in clinical encounters.

► [Watch the video](#)

Module 3

Referral to Treatment

Learn how to connect patients who need more intensive support with appropriate substance use treatment services, resources, and community care pathways.

► [Watch the video](#)

COURSE COMPLETION

Completion Requirements

Complete all three modules and pass the post-test. A CE certificate for 2.0 continuing education clock hours will be emailed within 7–10 business days of achieving a passing score.

► [Take the Post-Test](#)

► [Complete the Evaluation](#)

Contact / Grievances

Contact the WSU School of Social Work Office of Continuing Education at socialwork.wayne.edu/ce for questions, concerns, or grievances.

ADA Accommodations

To request accessibility accommodations, contact the Office of Continuing Education before beginning the course.

SYSTEM REQUIREMENTS

- Operating System: Windows 10+, macOS 10.13+, iOS 13+, Android 8.0+
- Browser: Google Chrome (recommended), Firefox, Safari, or Edge
- Broadband internet connection required
- Speakers or headphones for audio playback

Date course was originally created / last updated: 2024

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